Pre-Employment Transition Services

Program Partners

It is believed through these partnerships that together we are better, and we can have a collective impact on improving the postsecondary outcomes for the students we serve.

Primary Contact:

Marta Cramer
Pre-ETS Manager
One Arc Way
Bath, NY 14810
mlcramer@thearcas.org
607-776-4146 ext. 2213

Secondary Contact:

Christina Lyon
Director of Vocational Education
50 Farnum Street
Wellsville, NY 14895
christina.lyon@thearcas.org
585-593-3005 ext. 227
Pre-Employment Transition Services

**ABOUT**
The Arc Allegany–Steuben’s Pre-Employment Transition Services (Pre-ETS) uses both a classroom and contextual training model to equip students with a disability between the ages of 14 and 21 with the skills, knowledge and experience to prepare for employment. Students develop workplace behaviors, social and independent living skills through both virtual and work-based learning experiences. Services provided take a person-centered approach to career exploration, and is designed to assist youth in exploring and identifying potential career paths, while developing skills necessary to successfully transition.

**PROVISION OF PRE-ETS**
How can Pre-ETS be served?
- During School Hours
- Google Classroom
- Zoom
- Microsoft Teams
- After-School with Social Distancing (i.e. parks, library, common meeting place, etc.)

**ELIGIBILITY**
Pre-ETS Services are for students in Allegany, Broome, Chemung, Chenango, Delaware, Otsego, Schuyler, Steuben, Tioga, and Tompkins counties who:
- are 14-21 years of age
- have a documented disability
- are not currently eligible to receive services from ACCES-VR
- are attending a recognized secondary or post-secondary program; or a non-traditional or alternative secondary education program, including home schooling (other recognized educational programs, such as those offered through the juvenile justice system, foster care system etc., are also eligible).

---

**Services Provided**

- **Job Exploration Counseling**
  Assist students to explore career options and identify career pathways of interest, learn about skills needed in the workplace and for specific jobs, uncover vocational interests, understand the demands of the labor market, and learn about non-traditional employment options.

- **Workplace Readiness Training**
  Enhance career exploration and develop soft skills, including social/interpersonal skills, independent living skills, financial literacy, orientation and mobility skills, job seeking skills, and develop understanding of employer expectations for punctuality and performance.

- **Counseling on Post-Secondary Opportunities**
  The post-secondary options that should be explored include: Community Colleges (AA/AS degrees, certificate programs, and classes); Universities (Public and Private); Career pathways related to workshops / training / apprenticeship programs; Trade/Technical Schools; Military; and, Post-secondary programs at community colleges and Universities for students with intellectual and development disabilities. Assist with researching career and post-secondary educational options.

- **Instruction in Self-Advocacy**
  To develop self-advocacy skills, defined as learning how to speak up for oneself, making one’s own decisions about their own life, learning how to get information so that the individual can understand things that are of interest to the person, finding out who will support the individual in their journey, knowing one’s rights and responsibilities, how to request accommodations or services and supports, problem solving, listening and learning, and peer mentoring, knowing one’s rights and responsibilities, reaching out to others when the individual needs help and friendship and learning about self-determination.

---

**About The Arc Allegany-Steuben**

Pre-Employment Services are provided by the Arc Allegany-Steuben in Allegany, Broome, Chemung, Chenango, Delaware, Otsego, Schuyler, Steuben, Tioga, and Tompkins counties. Services are designed to assist youth in exploring and identifying potential career paths, while developing skills necessary to successfully transition.

**Preparing for Employment**

- **Individualized Education Program (IEP)**: An IEP is a plan that outlines the appropriate educational goals for students with disabilities. It is created by the student, parents/guardians, and educators.
- **Transition Plan**: A transition plan is developed to help students transition from school to adulthood. It includes goals for employment, education, and independent living.
- **Support Services**: Services such as assistive technology, Braille transcription, and communication aids are provided to support students.
- **Community-Based Instruction**: Students are provided with opportunities to learn in real-world settings.
- **Community Placement Services**: Assistance is provided to help students find and maintain employment.
- **Assistance with Housing**: Information and assistance with housing options are provided.
- **Transportation Services**: Transportation to and from educational and community-based programs is provided.

**Tier 1: Greater Southern Tier BOCES**

- **Assistance with Independent Living Skills**: Assistance with daily living skills, such as cooking and cleaning, is provided.
- **Transition Counseling**: Transition counseling is provided to help students plan for the future.
- **Community-Based Instruction**: Students are provided with opportunities to learn in real-world settings.

**Tier 2: The Arc of Chemung - Schuyler**

- **Assistance with Independent Living Skills**: Assistance with daily living skills, such as cooking and cleaning, is provided.
- **Transition Counseling**: Transition counseling is provided to help students plan for the future.
- **Community-Based Instruction**: Students are provided with opportunities to learn in real-world settings.

**Tier 3: The Arc Allegany-Steuben**

- **Assistance with Independent Living Skills**: Assistance with daily living skills, such as cooking and cleaning, is provided.
- **Transition Counseling**: Transition counseling is provided to help students plan for the future.
- **Community-Based Instruction**: Students are provided with opportunities to learn in real-world settings.