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The Arc Allegany-Steuben welcomes any inquiry for services for a person with an intellectual and/or developmental disability. We connect people with the programs and services best suited for their needs.

Are you or your family member eligible to receive supports through The Arc Allegany-Steuben? Contact us today and we will walk you through the process.

### - Outreach Program -

**Outreach Program:** The Outreach Program provides a range of supports for OPWDD (Office for People With Developmental Disabilities) eligible people who live with their families.

This program provides:

- Time-limited service coordination for people who are not currently medicaid eligible or connected to a Care Coordination Organization (CCO);
- Short-term advocacy to prevent or intervene in crisis situations;
- Education on accessing OPWDD services;
- Advocacy, planning, and guidance for anticipated major life changes.

For more information please contact Laurie Matthews at 585-708-7501 or [laurie.matthews@thearcas.org](mailto:laurie.matthews@thearcas.org).

### - Community Supports -

**Day Hab Without Walls (WOW):** Day Hab WOW is a day service for active adults who enjoy engaging with the community. The term “without walls” does not mean that there are literally no walls. It simply means that there is a great deal of freedom in this program to move around the community engaging in meaningful activities.

**Community Habilitation:** Community/Day Habilitation helps individuals with developmental disabilities that live independently, at home or with families to learn and experience community-based activities. Learning is often focused on the area of social skills building, developing skills for daily and community living, behavioral stabilization, and health education.

**Respite:** Respite (day and weekend) is available both out of home and in home to adults and children with developmental disabilities who reside at home with their families. Respite is designed to give care givers a temporary break.

**Family Education & Training (FTE):** FET is provided to families with OPWDD eligible children under the age of 18 who are enrolled in the HCBS Waiver. Please see The Arc Allegany-Steuben website for up-coming FET trainings.

**Crisis Intervention & Behavior Management Services:** (Steuben and Schuyler) Services are provided to people in imminent need of supports to be maintained in their current environments. Supports can be provided to prevent a crisis situation from developing as well as during a crisis situation. Services can include recommendations for long term services / supports and training for families and significant caregivers. Contact our crisis team today at: [crisis@thearcas.org](mailto:crisis@thearcas.org).

**Recreation Program:** The Recreation Program supports people living at home with their families who are enrolled in Respite, giving them the opportunity to participate in recreation activities with people from their community.

### - HCBS Waiver Services -

**Individualized Residential Alternatives (IRAs):** IRAs offer a living alternative that provides supports for activities of daily living with a focus on increasing independence and inclusion within the local community while ensuring safety and well-being. The IRA’s are supervised, with staff present 24 hours a day, and the level of support provided varies based on each individual’s needs.

**Supportive Apartments:** Supportive Apartments provide individuals who are able to live more independently with the responsibility of maintaining an apartment while receiving periodic support from staff.

**Family Care:** A Family Care home is a specially recruited and trained family that provides training, nurturing, and a family atmosphere for approved OPWDD eligible individuals.

**Day Habilitation:** Day Habilitation services are designed to correspond to an individual’s strengths and needs which are essential to residing successfully in a home and community-based setting. Activities are individualized and environments are intended to foster and promote the development of fundamental skills. Skilled instructors provide supports that assist individuals to acquire, retain or improve their adaptive skills, daily living skills, social and/or leisure skills, as well as assist with gaining opportunities for community inclusion and relationship building.

### - OUR MISSION -

To support and respect people’s choices on their journey to independence.

### - Family Support Services -

**Individualized Community Services (ICS):** Provides individualized support and individualized community inclusion activities for individuals with special medical or behavioral needs. Individuals may require special individualized assistance or enhanced staffing patterns for successful participation in the community.

**Family Reimbursement:** Family Reimbursement is available to OPWDD eligible people who reside with their families. Family Reimbursement can reimburse families for expenses relating directly to the person’s OPWDD qualifying diagnosis. Reimbursement is available for goods and services, crisis situations, respite, diet, and several other needs.

### - Self-Directed Services -

**Self-Directed Services:** Self-Directed Services provides the ability for an individual and/or family to hire his/her own staff to self-direct supports. This program promotes responsibility and self-determination by placing control and power with individuals and/or families to meet their own needs by managing the supports and services that work best for them, how and when they are provided, and the staff that provide them.

**Fiscal Intermediary (FI):** The Arc Allegany-Steuben provides FI services for people who Self-Direct their services. The FI is responsible for completing back ground checks for self-hired staff, billing Medicaid for services in the budget, paying staff, tracking expenditures, and providing monthly statements to the person Self-Directing their services.

**Support Broker:** The Arc Allegany-Steuben offers Support Broker services. The Support Broker works with people who Self-Direct their services to build their Circle of Support team, plan a budget for their services, provides education on services and community resources, develop habilitation plans, and assists with communicating with the person’s Fiscal Intermediary.

## - **ACHIEVE Career Consultants** -

**Community Prevocational Services:** Services that provide learning and work experiences, including volunteering, where participants can develop general, non-job-task specific strengths and skills that contribute to employability in paid employment in integrated community settings.

**Vocational Evaluation:** ACHIEVE has the ability to assess your work skills, aptitudes, and learning style. This is accomplished through an assessment process which takes approximately 2-3 hours. In this time frame, you will meet with a trained Evaluator who will put you through a series of tests which will allow the Evaluator to identify your potential for employment in your desired field.

**Student Internship Experience:** Schools may partner with ACHIEVE to provide a vocational program option for students once academic requirements are met through New York State Education Programs that are individually designed and can be half-day or full-day programs. Design of a plan can include functional skills training, work readiness training, internships, and counseling regarding employment and post-secondary education.

**RISE - Reaching Individual Success in Education:** A partnership between Alfred State and ACHIEVE Career Consultants. RISE is located on the Alfred State campus and focuses on creating a unique educational experience that nurtures students' social and academic growth. Students are given access to a variety of experiential learning opportunities through services learning, work study, mentoring and internships. RISE focuses on academic instruction, employment experiences through work-based learning, and social and independent living.

**Job Readiness/Work Readiness:** ACHIEVE has developed a comprehensive series of Job Readiness classes to address current employment issues by surveying local employers and working with the New York State Department of Education to determine what employers are looking for from prospective Employees.

## - **ACHIEVE cont.** -

**Employment & Training Program:** The Employment Training Program provides opportunities for individuals with developmental disabilities to gain real work experience and attend job readiness classes to build success. The goal of the ETP internship is to obtain community employment at the completion of the internship.

**Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR):** ACHIEVE Career Consultants are approved to provide a wide variety of services to individuals in Allegany County who are eligible for ACCES-VR. Services include Vocational Evaluation, Community Based Workplace Assessments, Work Readiness Training, Job Placement and Supported Employment.

**Assisted Competitive Employment & On-Going Integrated Supported Employment:** Allegany Arc receives funding from the Office of Mental Health to assist individuals with obtaining and maintaining employment. Upon intake, a Career Profile assessment is completed and job development begins.

**Ticket to Work:** ACHIEVE is an approved Employment Network by the Social Security Administration. The goal of the national Ticket to Work program (funded through the Social Security Administration) is to give people receiving disability benefits the chance to achieve steady, long-term employment.

**Supported Employment Extended Services:** On-going support services to participants who, because of their disabilities, need intensive on-going support to obtain and maintain a job in competitive or customized employment or self-employment, in an integrated work setting in the general workforce for which an individual is compensated at or above minimum wage.

## - **ACHIEVE cont.** -

**Pre-Employment Transition Services:** The Arc Allegany-Steuben's Pre-Employment Transition Services (Pre-ETS) uses both a classroom and contextual training model to equip students with a disability between the ages of 14 and 21 with the skills, knowledge and experience to prepare for employment. Students develop workplace behaviors, social and independent living skills through both virtual and work-based learning experiences. Services provided take a person-centered approach to career exploration, and is designed to assist youth in exploring and identifying potential career paths, while developing skills necessary to successfully transition.

## - **Additional Services** -

**Article 16 Clinic Satellite:** The Arc of Chemung-Schulyer provides on-site clinical habilitative services to OPWDD eligible individuals enrolled in the Arc Allegany-Steuben's Day Habilitation program. Therapy Services includes Psychiatry, Psychology, Counseling, Occupational Therapy and Speech-Language Pathology. Activities address sensory integration, cooking tasks, strength and range of motion, as well as conventional and alternative methods of communication. All services are provided or supervised by licensed and/or certified professionals.

**Community Support Services (CSS):** CSS is a community-based service that assists people with documented Mental Health Diagnoses (Anxiety/Panic Disorder, Bi-Polar Disorder, Depression, Schizophrenia, or Substance Abuse Disorder) with maintaining benefits, securing or maintaining housing, link & refer to needed services, and provide advocacy, education, and assist with making informed decisions related to health care matters.

## - **Additional Services cont.** -

**Individualized Supports and Services (ISS):** ISS assists adults with developmental disabilities to live independently by providing housing subsidy funds to assist with rent and utilities in community-based apartments. ISS is only available to individuals living independently.

**Self-Advocacy Group:** The Arc Allegany-Steuben's Self-Advocacy Group was established on the belief that individuals with intellectual and developmental disabilities must be active in advocating for their own interests. Our members promote greater support and understanding for people who have an intellectual and/or developmental disability by recommending policy change on issues ranging from education to civil rights.

**Environmental Modifications and Assistive Technology:** The Arc Allegany-Steuben is a provider for Environmental Modifications and Assistive Technology. When needs arise for this service such as a ramp, the Care Coordinator can complete the application, obtain the clinical evaluation, Level of Care Eligibility Determination (LCED) and send the request to an agency that has a project coordinator. The project coordinator will review and submit it to the Developmental Disabilities Regional Office.

**Green Machine Athletics:** Green Machine Athletics is a sports organization for children (age 8+) and adults with intellectual disabilities, providing year-round training and competitions to over 70 athletes in Allegany and Steuben counties. The Green Machine teams currently compete in Special Olympics basketball, dance, track & field, bocce, bowling, and softball and participate in local, regional and state competitions.

**Lending Library:** The Lending Library is housed at The Arc Allegany-Steuben's Bath, NY location. The purpose of the program is to increase access to resources and services on disabilities and topics of interest to parents, caregivers, service providers, people we support and others. The Lending Library is open weekdays. Call 607-776-4146 for an appointment.